

YOUR PRESCHOOL NAME

Home School Plan

Weekly Activity Plan: Week 1

Being out of school and out of our regular routines will be very hard on young children. I highly recommend you create a schedule for the new routine and follow them, so your children know what to expect. Here are some activities for you to schedule into your days. We will also be developing more homeschool lesson plans for you to try to implement at home. We will send those home soon.

Let's Read! Here is a reading log! We will be doing a Read-A-Thon to see how many books our families can read during this time. We will have a little contest between classes, and we encourage you to email us or post photos of your child reading. We will check in weekly to see what the total number of books you have read each Friday so we can tally up our scores! [LINK LINK LINK](#)
Kids who are attending school will also be doing the Read-A-Thon!

Sample Schedule

- 9:00-10:00 Morning Activity Time (Morning reading (2-3 books, sing some songs, talk about what the day is going to look like) morning free play time
- 10:00 Morning Snack time
- 10:30 Any type of outdoor play would be great (or go for a walk)
- 11:00-12:00 Morning Activity
- 12:00 Lunch
- 1:00-3:00 Nap
- 3:00 PM snack
- 3:30 outdoor playtime/go for a walk
- 4:00 PM Activity
- 5:00 downtime
- 6:00 Dinner, bath, reading and get ready for bed.

Home School Week 1:



Monday: Baking day! (what recipe will you try at home? Here are some suggestions) Post photos of you and your little chef on our Facebook Page! What are kids learning when they bake? Math skills and science skills! Measuring, dumping and pouring and what happens when you mix different ingredient and then add heat. Not to mention it's a good life skill to have!

- Here is a link to the recipe I use for my famous Oatmeal Chocolate Chip cookies! <https://www.food.com/recipe/oatmeal-raisin-cookies-35813?soc=socialsharingpinterest>
- Morning Glory Muffins: <https://bakerbynature.com/my-favorite-morning-glory-muffins/>
- Banana Bread: <https://cookieandkate.com/healthy-banana-bread-recipe/>

Tuesday: Saint Patrick's Day Nature Treasure Hunt: Dress in green and get on your rain boots, put up your umbrella, grab a basket and go on a treasure hunt! Here is the list of items you will need to look for. Consider hiding a "bag of treasure" that the Leprechaun left for your child to find.

1. A pine cone
2. A big rock and a small rock
3. A worm or snail or bug (be sure to not touch it, just find one!)
4. A green leaf, a brown leaf and a yellow leaf
5. A medium size stick
6. A treasure (can be anything your child things is special!)
7. Make sure your child looks for any treasure you may have hid from the Leprechauns!
8. Congratulations! You did it!

Wednesday: STEAM Day! Focus is engineering. Gather recyclable materials and make a car, train or airplane out of them. Use glue, tape, whatever you have at the house. Get creative! How many details can you add? Add paint, people, tires etc. Post your creations to Facebook and save to bring into the school!

Toddler and Infant Activity: STEAM-Engineering Focus: Stacking! How many blocks, rocks, pillows, couch cushion, boxes can you stack? How high can it get? Use a variety of materials to make towers. Stack them up, let your child knock them over.

Thursday: Art Day! Let's paint! Use what you have at home. If you don't have paint you can dilute some food coloring and use that to paint with as well. Think about the material you can have them paint on. Use a baking sheet as a way to contain the masterpiece. You can use paper, canvas, a notepad, construction paper, gift wrapping paper (turn it over and its usually white). I suggest taking off clothes, getting on a surface that is easy to wipe and let them go for it. Child development tip*When your child is working, try to just observe. If they are verbal, when they are done say "Can you tell me about your work/painting?" and then you can write down what they say and add it to their painting. We love hearing what they have to say about their creations. If you want to save this we would love to display their homeschool art at school.

Friday: Sensory Day! Make some fresh playdough (lots of great recopies on the internet, depending on what ingredients you have on hand). Or use some you already have. Add new items to the experience. For preschoolers I add scissors, small rocks/treasures/shells, hardware from the garage like screws/washers or some tools I think my 3.5-year-old can handle like a screwdriver. We like to add a non-sharp cheese knife for him to use to cut the playdough. You can add things from nature (sticks, seeds, etc). You can add googly eyes, pipe cleaners or toothpicks and they can make a bug. Just see what you have around the house. For little ones, playdough is fun to put into and take out of containers like measuring cups, Tupperware etc. or even can be put into a bag and manipulated that way for a mess free experience.

Other activities ideas:

- Cutting activity: For older kids save junk mail and old newspaper ads, let them cut up old ribbon or gift wrapping tissue. For younger kids, they actually really enjoy just ripping up things like paper or other things that can tear.
- Paint an Amazon box or any cardboard box. If you are feeling ambitious you can wrap it in paper to give a larger canvas. The bigger the box the more fun it is!
- Dump and Pour: Kids love transfer activities, and this can take on so many forms. You can have different size bottles, bowls, jars or boxes (water, juice, sauce jars, empty Kleenex boxes etc) and things for them to put in (wine corks, different lids, paper clips, (really anything)). You can also do this with liquids outside and use sponges or different scoopers.
- Dress up! Get out a small gathering of Dad's ties, mom's shoes or jewelry you don't mind them playing with, scarves etc and let them explore and do dress up.
- Storytelling: Our family favorite! Just go for it and make up a story. You can ask them to help set the scene by getting suggestions on where or who will be in the story and just let your imagination go. Its actually a super fun activity as an adult.
- Pre-writing Skills: I love dry erase markers for almost all ages. I let my 15 month old use them often on white boards and even when he gets them all over, they wipe off super easily. He spends half the time putting on and taking off the cap.
- Remember when you used to build forts? Perfect time to make new hideaway for the littles. You can also pitch a tent in your living room if you have one. Add some flashlights and they will self-entertain for long enough to make a cup of coffee and hopefully you even get to drink it.

Recommended Toys

If you want to purchase anything from Amazon for something to get delivered to your home, I recommend the following items:

- Magna Tiles or any magnetic blocks
- Kinetic Sand
- Water beads, can be hours of fun and are cheap and easy to do
- Recommended Games for Preschoolers:
 - Candyland
 - The Sneaky Snaky Squirrel Game
 - My Fabulous Storyteller (GREAT option for screen free storytelling)
- Mess Free Markers and Paper for Infants and toddlers
- Creative Development Flower Set
- Melissa and Doug Water Wow packs
- Stickers: Really any kinds or get an activity book. Infants, Toddler and preschools love stickers.
- Bubbles are always a must to have on hand. You can also look into a bubble machine.
- Spray bottles with water and a wash cloth provides hours of 'cleaning' fun for toddlers and preschoolers.

Mental Health for Mama's and Papa's!

You are going to be home with little ones all day and we want to make sure you take care of yourself too! This is not going to be easy with a little one/s home and trying to get whatever work you are still responsible for done. I urge you to keep structure with the kids and routines, this will help alleviate any behaviors issues that may arise from all the change. Try to get out, go for walks when the rain lets up. Treat yourself to delivery at local restaurants who desperately need our support during this time. Try taking shifts with your partner if possible so you can each get a break. (Also, I am an avid reader and have lots of book recommendations if you find time for a good read!) We are here with you for support and if you have any ideas that you want to share with the group, post to the Facebook page or email me!

